


Water Fitness Schedule June 2017

| Mon | Tue | Wed | Thu | Sat |
|--|---|--|---|--|
| UNLIMITED WATER FITNESS PROGRAM—ALL CLASSES FOR ONE LOW PRICE!  Kiwanis Recreation Center 6111 S All America Way ▪ Tempe, 85283 480-350-5201 ▪ www.tempe.gov/kiwanis | | | 1 8:00 a.m. Shallow Water 6:40 p.m. Transitional Water | 3 9 a.m. H.I.I.T. |
| 5 8:00 a.m. Shallow Water 5:30 p.m. Shallow Water | 6 8:00 a.m. Shallow Water 6:40 p.m. Transitional Water | 7 8:00 a.m. Shallow Water 5:30 p.m. Shallow Water | 8 8:00 a.m. Shallow Water 6:40 p.m. Transitional Water | 10 9 a.m. H.I.I.T. |
| 12 8:00 a.m. Shallow Water 5:30 p.m. Shallow Water | 13 8:00 a.m. Shallow Water 6:40 p.m. Transitional Water | 14 8:00 a.m. Shallow Water 5:30 p.m. Shallow Water | 15 8:00 a.m. Shallow Water 6:40 p.m. Transitional Water | 17 9 a.m. H.I.I.T. |
| 19 8:00 a.m. Shallow Water 5:30 p.m. Shallow Water | 20 8:00 a.m. Shallow Water 6:40 p.m. Transitional Water | 21 8:00 a.m. Shallow Water 5:30 p.m. Shallow Water | 22 8:00 a.m. Shallow Water 6:40 p.m. Transitional Water | 24 9 a.m. H.I.I.T. |
| 26 8:00 a.m. Shallow Water 5:30 p.m. Shallow Water | 27 8:00 a.m. Shallow Water 6:40 p.m. Transitional Water | 28 8:00 a.m. Shallow Water 5:30 p.m. Shallow Water | 29 8:00 a.m. Shallow Water 6:40 p.m. Transitional Water | |

Water fitness instructor questions? Contact **Kay Horner**, Aquatics Coordinator, at **480-350-5770** or by e-mail at **Kay_Horner@tempe.gov**